

LETS

... Is for everyone

By Michael Rhodes, March 2012. Contact Michael at postbox@twynyho.co.uk

A simple story of how Frome LETS helped a young woman with a learning disability.



AROUND 1998 ...

- ✘ Caroline lives on benefits, so does not have very much money – or opportunities.
- ✘ Has few contacts outside of her family, paid support people and other young people with learning disabilities.
- ✘ Finds it difficult to get to know new people.
- ✘ Does not have enough to do.
- ✘ Is seen as someone who ‘receives’ – not as someone who ‘gives’.

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- ✘ Caroline joined Frome LETS
 - ✘ Caroline offered dog walking – and did this regularly for a busy Mum.



- ✘ Caroline loves dogs – and is a great dog walker!

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- ✘ Caroline spends the 'Fromes' she earns on a Shiatsu massage.



- ✘ Caroline loves this new and very relaxing experience!

AS A RESULT CAROLINE IS:

- ✗ Meeting new people
- ✗ Taking part in two new activities that she enjoys
- ✗ Being paid for her contribution
- ✗ More active
- ✗ Having fun

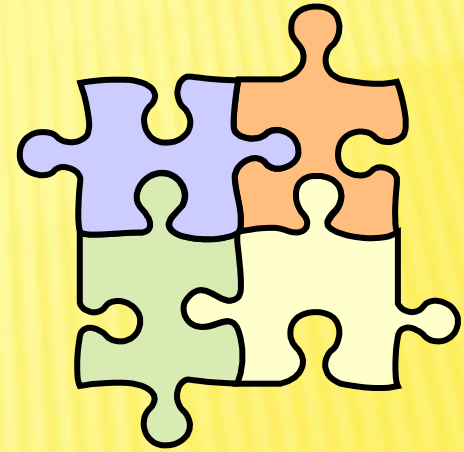


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- ✘ Caroline also became part of a network of people and attended LETS events and socials



JUST ONE TRUE STORY OF HOW LETS CAN ...

- ✘ Build community
- ✘ Promote social inclusion
- ✘ Help build social networks
- ✘ Enable opportunities
- ✘ Help people break free of limitations (income, disability, etc)
- ✘ Help people to be more active



Any questions?

